

## When Disaster Strikes Will You Be Prepared?

### Basic Disaster Supplies Kit:

- Water — one gallon of water per person per day for at least three days, for drinking and sanitation
- Food — at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit and medical supplies
- Medications (seven day supply)
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger

### Additional items highly suggested:

- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home

- Extra clothing, hat and sturdy shoes
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags
- Baby supplies
- Pet supplies (collar, leash, ID, food, carrier, bowl)

#### Make an Emergency Plan:

- Family Last Name and household address
- Family Member/Household Contact Information (Name, Home Phone, Cell Phone, E-mail)
- Pet Information (Name, Type, Color, Registration Number)
- Know disasters most likely to affect your household
- Escape routes from home
- If separated during an emergency, what is meeting place near your home
- If asked to evacuate, meeting place outside of neighborhood/area
- Emergency contact outside of immediate area if household is separated or unable to communicate with each other
- Include plans for children at school/daycare, household members with a disability or special need
- If directed to “shelter in place” designate an accessible, safe room to go, seal windows, vents and doors and listen to emergency broadcasts for instructions

#### Be Informed:

- Learn the types of disasters or emergencies that may likely occur in your area. These events can range from those affecting only you and your family (like a house fire or medical emergency) to those affecting your entire community (like a hurricane or flood)

- Identify how local authorities will notify you during a disaster and how you will get information, whether through local radio, TV or NOAA Weather Radio stations or channels.
- Know the difference between different weather alerts such as watches and warnings and what actions to take in each.
- Know what actions to take to protect yourself during disasters that may occur in areas where you travel or have moved recently.
- When a major disaster occurs, your community can change in an instant. Loved ones may be hurt and emergency response is likely to be delayed. Make sure that at least one member of your household is trained in first aid and CPR and knows how to use an automated external defibrillator (AED). This training is useful in many emergency situations.
- Share what you have learned with your family, household and neighbors and encourage them to be informed